

Monday 12 October 2020

Dear Parents/Carers,

### Fullbrook Young Minds Fund

Last week we shared details on the newsletter of our new fundraising initiative to help support the mental wellbeing of students at Fullbrook, and this week we are launching a challenge to get students, their families and staff involved to help grow this fund.

#### Fullbrook Young Minds:

The Fullbrook Young Minds initiative is a dedicated fund that is being created to support the mental health and wellbeing requirements of Fullbrook's students. This will enable the delivery of invaluable support to students who may be struggling with family issues, mental health problems or other serious challenges to their wellbeing and safety. Fullbrook is dedicated to helping these young people build resilience, improve wellbeing and raise aspirations.

If you would like to give to support the work at Fullbrook School you can do this at <http://easydonate.org/FBKYM> all of the funds raised will go to the School's Mental Health Fund. You can also donate using your mobile phone simply text **FBKYM** to **70191** to give **£10** and support the School's Mental Health Fund

#### My FB5K Challenge:

We are inviting students, members of staff, parents and carers, alumni and the wider community to get involved and run or walk 5K to raise funds and awareness of the Fullbrook Young Minds mental health fund.

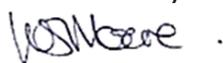
Due to the restrictions on group activities we are asking those interested to take part to undertake their own 5K activity and make it **My FB5K**. Choose your own location, time and how you want to cover the distance.

There is no registration necessary, all you need to do is send the link below or the image on page 2 of this letter to your potential sponsors and undertake your own run or walk by the end of November.

Sponsorship can be given here: <http://easydonate.org/FB5K>

We hope that you will join us in supporting this initiative in whatever way you can to help support our commitment to ensuring the mental and emotional welfare of the young people of Fullbrook.

Yours faithfully,



**Mrs K Moore**  
Principal

# My FB5K



If you would like to support somebody participating in their **FB5K** event by making a donation, you can do this at **<http://easydonate.org/FB5K>**

All of the funds donated will go to the school's Mental Health Fund – Fullbrook Young Minds.

Text Giving :

simply text **FBKYM** to **70191**  
to give £10 and support the  
School's Mental Health Fund



**Fullbrook Association needs to raise funds for this and for other charitable purposes.** Fundraising, payments and donations will be processed and administered by the National Funding Scheme (Charity No: 1149800), operating a DONATE. Texts will be charged at your standard network rate. For Terms & Conditions, see **[www.easydonate.org](http://www.easydonate.org)**

