

NEWSLETTER

Week Commencing: Monday 4 May 2020

NEW HOUSE COMPETITION

On Monday we launched our latest House Competition – Race Across the World, which sees our students tracking their daily exercise activity in a quest to reach destinations in Europe which have a link to their house namesake.

Dragon will be heading to Dragonja in Slovenia

Griffin will be on the way to Griffen in Austria

Pegasus are off to Pego in Spain

Phoenix are going to a theme park called Phoenix in Katowice, Poland

The first team to reach their destination by travelling their cumulative distance wins.

Watch their progress each week on [Google Maps](#) to see who will reach their destination first!



WELLBEING SURVEY

We have created a short survey focussed on wellbeing and workload to help us gather feedback on the quality and quantity of work, along with student well-being so that we can make adjustments now that remote learning has been in place for four school weeks.

Students have been sent a link via their tutors on Show My Homework, but it can also be found on the Fullbrook website in the [Student Hub](#), so please encourage your sons & daughters to complete it.

We have also created a version for parents & carers to complete as your feedback would also be hugely appreciated and allow us to make adjustments where needed as we move forward. Click [here](#) to complete the complete the survey.

*" What lies behind us and what lies before us are
tiny matters compared to what lies within us."*

Ralph Waldo Emerson

FULLBROOK 6 PRE-A LEVEL INDUCTION COURSE

On Monday 4 May, Fullbrook 6 kicked off their introduction course for Year 11 students who will be joining them to study from September 2020. The course is being run remotely via Zoom, and it's been great to see participants from the Fullbrook community and students who will be joining from other schools, connecting with their chosen subjects to help prepare them for life at Fullbrook 6.

REMOTE SCHOOL WORKING - REMINDER

The majority of students should be accessing their work via Show My Homework and RM Unify, and submitting their work via these portals when asked by their teachers. Should they have problems with logins we have a dedicated email - passwordreset@gepacademies.com – for them to request assistance/password retrieval.

There are instructions about what information to include and other helpful troubleshooting guides on the home learning page on the school website. <http://www.fullbrook.surrey.sch.uk/home-learning/>



SCHOOL UNIFORM FOR SEPTEMBER 2020

From September 2020, all students will need to be wearing the new black & blue uniform which is available from School Uniform Direct in West Byfleet and on their website. We are in regular contact with the company, and they have confirmed that they will have the stock to fulfil all orders before the start of the new school year. We will update you with details of any discounts being offered when we have them.

CONTACT US

Please do not hesitate to contact us via:
info@fullbrook.surrey.sch.uk
concerns@fullbrook.surrey.sch.uk
homework@fullbrook.surrey.sch.uk

SOCIAL MEDIA

Click the symbols to view the Fullbrook Facebook & Twitter pages.



WORD OF THE CYCLE

Our next Word of the Cycle, which we will be incorporating into virtual lessons and tutor times with students, is below. We would be grateful if you could continue to support this by using the word in conversation at home.

YEARN (verb): Have an intense feeling of longing for something, typically something that one has lost or been separated from.

Example: She yearned to see her close friend again, but in the meantime enjoyed their daily video calls.

HALF-TERM PROVISION

School will open for students whose parents are key workers and those who are vulnerable during half term week should this be needed. A rota of teaching staff must be planned to cover the time and so it is important that you let us know if you require this provision by Monday 18 May 2020. Unlike the Easter break, no special activities will be provided.

LOCKDOWN LIFE INFORMATION & LINKS

We have created a section on the last page of the newsletter for anything we think you may find useful during the time that Fullbrook's doors are closed to the majority of students. It will include details of local initiatives, support on offer, and other things you or your children might find interesting or useful.

DATES FOR YOUR DIARY

Friday 8 May

Friday 22 May

Monday 1 June

Bank Holiday (No school)

Break up for May half term (Normal Finish)

Students return to online learning

FULLBROOK LOCKDOWN LIFE

INFORMATION & LINKS

WOKING FOODBANK

During these unusual times, Woking Foodbank are offering virtual support for families through their Love Your Neighbour initiative, and via Citizens Advice Woking.



CITIZENS ADVICE WOKING

STILL HERE,
STILL SUPPORTING YOU...

In these difficult times, Citizens Advice Woking is here to help.

We have a dedicated team of Advisers working remotely and you can contact them for Advice and Support with amongst other things, queries about;

- Welfare benefits
- Housing
- Employment
- Debt
- Family issues

To contact us:

- Please go to our website at www.wokingcab.org and click on the 'Get Advice' button and fill in the form. Or
- Please email your query to bureau@wokingcab.org Or
- Please ring our Adviceline on 0300 330 1198 or 03444 111 444 (Calls charged at local rate)

One of our advisers will contact you as soon as possible.

For everyone, for 80 years.

LOVE YOUR
NEIGHBOUR
INITIATIVE

WE ARE IN THIS TOGETHER

Do you need help...

Grocery collection or an errand run?
An emergency food parcel, essential baby supplies?
Help with finances, home schooling, mental health?
Or just a chat on the phone?

CLICK NOW TO GET HELP
lighthousewoking.org/help

THE LIGHTHOUSE EMMAUS RD

WOKING FOODBANK

An organisation with youth health at the centre of its focus, biteback 2030 is holding virtual cookery classes with which come with a shopping list of no more than the weekly £15 free school meal allowance. The sessions are hosted by Jack Deane who is a chef at the Jamie Oliver Cookery School

<https://www.biteback2030.com/real-story/cook-jack-4th-may-8th-may>

HER FUTURE

KPMG are running a virtual Python code course online which is free to access. For any students wishing to learn more about coding and computer programming please see the flyer on the next page.

CHILD HEALTH – ADVICE TO PARENTS

A useful poster has been prepared by Royal College of Paediatrics and Child Health (RCPC) to aid decision making on whether or not to seek medical attention or advice for children with non-COVID related illness. In part, this is to help overcome any concerns of carers and those responsible for children, about perceived risks of taking children into a clinical environment, or of wasting NHS time during the COVID crisis. See the final page for details.

Help your students learn to code with IT's Her Future

At KPMG, we use technology to solve everyday problems and empower our clients and people. We are passionate about making technology accessible to everybody, which is why we are sharing our expertise through online coding lessons during the period of UK school closures.

What: Online coding lessons to give students a basic understanding of the 'Python' language - no prior knowledge required

For who: For students aged 13-18 and their teachers and/or parents

By who: KPMG Technology team

Start & end date: Tuesday 5 May - Thursday 16 July

Day & time: Every Tuesday and Thursday from 10:00-11:00am BST for 10 weeks (excluding May half term week)

Structure: Content delivery and questions set on Tuesdays, solutions to questions on Thursdays

How to join: Visit [Twitch.tv](https://www.twitch.tv) and follow the @IHFCode channel



KPMG colleagues from our Infrastructure Technology team will be sharing their expertise to allow young people to continue to develop their skills and remain connected to the world of work. This 10 week online course will allow students to grasp the fundamentals of coding, a perfect accompaniment to ICT or Computer Science lessons, or something new to try. To take part in the course students will need access to a laptop or computer, an internet connection and an account on repl.it to take part in the coding activities. We hope your students can take part and look forward to seeing you online.

Contact harriet.parkes@kpmg.co.uk or liz.jessop@kpmg.co.uk with any queries.



- ✓ KPMG colleagues facilitating the sessions are DBS checked, have completed online child protection training and have previously delivered the course content in schools.
- ✓ Participants can only type questions and comments during the lessons and these will be moderated.
- ✓ We encourage teachers and/or parents to join the live lessons.



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Advice for parents during coronavirus

Whilst coronavirus is infectious to children it is rarely serious. If your child is unwell it is likely to be a non-coronavirus illness, rather than coronavirus itself.

Whilst it is extremely important to follow Government advice to stay at home during this period, it can be confusing to know what to do when your child is unwell or injured. Remember that NHS 111, GPs and hospitals are still providing the same safe care that they have always done. Here is some advice to help:



RED

If your child has any of the following:

- Becomes pale, mottled and feels abnormally cold to the touch
- Has pauses in their breathing (apnoeas), has an irregular breathing pattern or starts **grunting**
- Severe difficulty in breathing becoming agitated or unresponsive
- Is going blue round the lips
- Has a fit/seizure
- Becomes extremely distressed (crying inconsolably despite distraction), confused, very lethargic (difficult to wake) or unresponsive
- Develops a rash that does not disappear with pressure (the 'Glass test')
- Has testicular pain, especially in teenage boys

You need urgent help:

Go to the nearest A&E department or phone 999



AMBER

If your child has any of the following:

- Is finding it hard to breathe including drawing in of the muscles below their lower ribs, at their neck or between their ribs (**recession**) or **head bobbing**
- Seems dehydrated (dry mouth, sunken eyes, no tears, drowsy or passing less urine than usual)
- Is becoming drowsy (excessively sleepy) or irritable (unable to settle them with toys, TV, food or picking up) - especially if they remain drowsy or irritable despite their fever coming down
- Has extreme shivering or complains of muscle pain
- Babies under 3 months of age with a temperature above 38°C / 100.4°F
- Infants 3-6 months of age with a temperature above 39°C / 102.2°F
- For all infants and children with a fever above 38°C for more than 5 days.
- Is getting worse or if you are worried
- Has persistent vomiting and/or persistent severe abdominal pain
- Has blood in their poo or wee
- Any limb injury causing reduced movement, persistent pain or head injury causing persistent crying or drowsiness

You need to contact a doctor or nurse today.

Please ring your GP surgery or call NHS 111 - dial 111

The NHS is working for you. However, we recognise during the current coronavirus crisis at peak times, access to a health care professional may be delayed. If symptoms persist for 4 hours or more and you have not been able to speak to either a GP or 111, then take your child to the nearest A&E



GREEN

If none of the above features are present

- You can continue to provide your child care at home. Information is also available on NHS Choices
- Additional **advice** is available to families for coping with crying of well babies 
- Additional **advice** is available for children with complex health needs and disabilities.

Self care

Continue providing your child's care at home. If you are still concerned about your child, call NHS 111 - dial 111