

Core P.E Curriculum Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Years 7-9 Introduction – Skills & Rules	<u>Sports:</u> Badminton Basketball Benchball Cross Country Dance Fitness Football Gymnastics Hockey Indoor Games Netball Outdoor Games Rugby	As Autumn 1	As Autumn 1	As Autumn 1	<u>Sports:</u> Athletics Cricket Rounders Softball Summer Games Tennis	As Summer 1
Years 10-11 Developing skills & tactics	<u>Sports:</u> Badminton Basketball Benchball Dance Fitness (Suite) Football Gymnastics Handball Hockey Indoor Games Netball Outdoor Games Rugby Trampolining	As Autumn 1	As Autumn 1	As Autumn 1	<u>Sports:</u> Athletics Cricket Rounders Softball Summer Games Tennis	As Summer 1