

Spring Wk 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses	Tuna & Sweet Corn Pasta Bake & Garlic Bread - Roasted Vegetable & Cheese Muffin	Tandori Chicken & Mint Yogurt Dressing With Naan Bread - Mushroom & Spinach Lasagne With Garlic Bread	Roast Turkey with Sage Stuffing & Gravy - Quorn Noodle Stir Fry With Chilli Soy Dressing	Beef Lasagne & Garlic Bread - Char-grilled Vegetable Hot Wraps with Oven Baked Potato Wedges	Crisp Fish & Lemon Wedges - Caramelised Red Onion & Cheese Turnovers
Vegetables	New Potatoes Carrot Side Salad	Sweet corn Side Salad	Roast Potatoes Carrots Broccoli	Coleslaw Side Salad	Chips Garden Peas
Jackets	Various specials per day - Cheese, Tuna Low Cal Mayo, Reduced Salt Baked Beans				
Optional extra (2 x chicken drumsticks)	Chicken & Hoi Sin sauce & Egg fried rice	Sweet & sour chicken & Sauce with Fried Noodles	Spicy chicken with jacket wedges	BBQ chicken & Boiled Rice	Sausage Rolls
Desserts	Butterscotch Tart	Gingerbread & Custard	Fruit Cheesecake or Rice Pudding	Chocolate Sponge & Chocolate Sauce	Fruit Muffins

We look forward to seeing you!

**Marine Stewardship Council Details**

Web Site. [www.msc.org](http://www.msc.org) Chain of Custody Registration Code MML-C-1009  
Menu subject to variation



Spring Wk 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses	Meat Balls in Basil & Tomato Sauce - Quorme sausages & Yorkshire Puddings	Chicken & Leek Pie - Roasted Vegetable & Cheese Ciabatta & side salad	Sweet & Sour Chicken - Cauliflower & Broccoli Bake	Sausages with Mash & Onion Gravy - Hoi Sin Quorn & Vegetable Noodles	Crisp Fish with Lemon wedges - Tomato & Cheese Calzone
Vegetables	Pasta Baton Carrots	New Potato Broccoli Side Salad	Egg Fried Rice Roasted New Potatoes Carrots Side Salad	Buttered Boiled Potatoes Savoy Cabbage	Peas Sweetcorn Chips
Jackets	Various specials per day - Cheese, Tuna Low Cal Mayo, Reduced Salt Baked Beans				
Optional Extra (2 x drumstick)	Piri Piri Chicken with wrap & Salad	Chicken with Curry Sauce & Boiled Rice	Jerk Chicken with Rice & Peas	BBQ Chicken with Jacket Wedges	Cheese & Onion Pasties
Desserts	Fruit Crumble With Custard	Chocolate Chip Sponge & Chocolate Sauce	Jam Sponge & Custard	Banana Cake & Custard	Fruit Muffins

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Spring Wk 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses	Creamy Chicken Pasta & Garlic bread - Sweet Chilli Quorme stir fry with Noodles	Minced Beef & Onion Pie - Quorme Mince Lasagne & Garlic Bread	Roast Leg of Pork With Apple Sauce - Cheese & Spinach Quiche	Turkey Korma & Rice - Vegetarian Cajun Cheese & Pepper Wraps	Battered Cod - French Bread Pizza
Vegetables	Courgettes Side Salad	New Potatoes Green Beans Side Salad	Broccoli Cauliflower Roast Potatoes Side Salad	Rice Jacket Wedges Side salad Sweetcorn	Chips Peas
Optional Extra (2 x drumsticks)	Spicy Chicken with Jacket wedges	Sweet & Sour Chicken with Egg fried Rice	Hoi Sin Chicken with Fried Noodles	Herbed Chicken with roasted New Potatoes	Hot Dogs with Onions
Desserts	Fruit crumble & Custard	Chocolate Cake & Chocolate Sauce	Ice-cream 2 scoops Shortbread Wedge	Butterscotch Tart	Fruit Muffins

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Spring Wk 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses	Tuna Pasta Bake & Garlic Bread - Veggie Puffs	Beef Chilli & Pepper Wraps - Macaroni Cheese & Garlic bread	Roast Chicken with Stuffing - Quorme Stir Fry Egg fried Rice	Pri Pri Chicken Legs with Sweet paprika spiced Potatoes - Roasted Vegetable & Brie Ciabatta	Batter Cod with Lemon - Roasted Vegetable & Mozzarella Wellington
Vegetables	New Potatoes Side Salad Carrots	Sweetcorn Cajun Jacket Wedges Side salad	Roasted New Potatoes Carrots Broccoli	Side Salad Fresh Tomato Salad	Peas Chips
Jackets	Various specials per day - Cheese, Tuna Low Cal Mayo, Reduced Salt Baked Beans				
Optional Extra 2 x chicken drumsticks	Sweet & Sour Chicken with Egg Fried Rice	BBQ Chicken with Boiled rice & Peas	Cajun spicy Chicken with Jacket wedges	Hoi Sin Chicken with Fried Noodles	Sausages
Desserts	Fruit Crumble	Ginger cake & Custard	Butterscotch Tart	Apple cake & Custard	Fruit Muffins

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