

# **Runnymede ADD/ADHD Support Group For Parents and Carers**

**Find out about the positive aspects of  
ADD/ADHD. There are meetings:**

**10am on 12<sup>th</sup> January 2016  
10am on 9<sup>th</sup> February 2016  
10am on 8<sup>th</sup> March 2016  
10am on 12<sup>th</sup> April 2016  
10am on 10<sup>th</sup> May 2016  
10am on 14<sup>th</sup> June 2016  
10am on 12<sup>th</sup> July 2016  
10am on 13<sup>th</sup> September 2016  
10am on 11<sup>th</sup> October 2016  
10am on 8<sup>th</sup> November 2016  
10am on 13<sup>th</sup> December 2016**

**At: Room C, Chertsey Halls, Heriot Road,  
Chertsey, KT16 9DR.**

**Don't feel alone, come to our support group and  
meet others, who are dealing with similar  
situations and learn ways of coping, over a cuppa  
and a chat. For further information Telephone  
01784 884817**

**Or ring Claire on 07866 288544**